

Health measures

Foundation building

- Establishment of personnel system/measures
- Establishment of industrial health system
- Establishment of working environment
- Establishment of health management system
- Establishment of consultation services

Priority measures

- Promotion of health checks and medical examinations
- Lifestyle habit improvement measures
- Addressing women's health issues
- Support for balancing treatment and career (Cancer measures, etc.)
- Mental health measures
- Measures to improve health literacy

Effects of health measures

Participation and implementation in measures

- Ensuring completion of health checkups
- Promoting participation in cancer screening, gynecological screening, and secondary health checkups
- Participation rate in lifestyle disease improvement measures (exercise, diet, sleep, etc.)
- Increasing the implementation rate of specific health guidance
- Increasing the participation rate in measures to quit smoking and cutting back on alcohol
- Thorough Follow-Up for Employees at Risk of Poor Health
- Increasing the rate of stress check
- Increasing participation in health literacy education

Awareness/behavioral change

- Increase in early detection/treatment
- Increase in employees with healthy habits
- Lifestyle habit improvement
Increasing percentage of people with healthy body weight
- Reducing smoking rates and the rate of heavy drinking
- Decrease in percentage of people with high levels of stress
- Decrease in rate of leave for mental issues
- improve health literacy

Target indicator

Improving Presenteeism
Target Value : 1.5%

Improving Absenteeism
Target Value : 0.5日

Improving Engagement Scores[Physical and Mental Health]
Target Value : 4.0

Goal

Health Management Declaration

Providing an environment in which employees can be healthy and work energetically, and that will help improve the job satisfaction and happiness of all employees.

Mid-Term Business Plan <2024 – 2026>

<Policy> Growth of talent and organizational strength

-  Increase investment on talent
Career support measures and investment
-  DE&I policies and improving Well-being